

22818 SE 8th Street
Sammamish, WA 98074
Phone 425.392.7799
Fax 425.392.7897
Web www.shlc.org

**Get Ready for SHLC
Activities in:**



- † February 7: Legacy Teaching Series
- † February 8: S.H.O.P. Valentine's Day Party
- † February 13: New Member Class
- † February 27: New Member Class
- † February 28: Legacy Teaching Series



Begin your faith journey with us!



There is always room for one more...



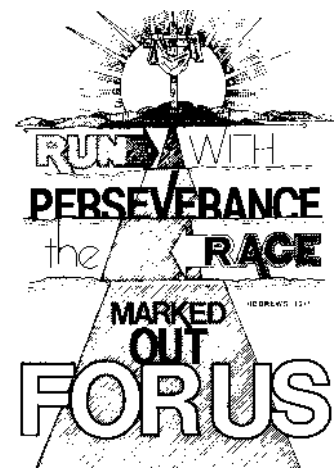
SHLC Women's Retreat: March 4-7, 2011

This is a wonderful opportunity to spend a relaxing weekend in an incredibly beautiful place with other women from Sammamish Hills. You can do whatever you want...from cross country skiing, snowshoeing, weaving, knitting, reading or just plain napping! We have a devotional time together each day as well as participating in Holden's worship services. Contact Sharon Sausville (sausys@comcast.net) or Anne Rankin (amsmrad@gmail.com) if you have questions or want to register!

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us... Hebrews 12:1 (NRSV)

ONE MORE: Called to follow Greetings in Christ! Last week Will asked folks to “testify” in worship. When he announced what he was going to do, things became very quiet. And then he started asking folks, by name, to give witness: to their favorite movie in the last year, to their favorite dinner, to their favorite...you can fill in whatever blank you want. For the most part, the answers flowed as the oxygen went back into the room.

Here’s a conundrum: most, if not all, Christians at some—if not many—points in their lives have heard the witness of another. And yet, so many of us are afraid to share our faith with others. How is it we received from others so freely? What was it about their giving witness to their own life of faith that came so easily? Most likely it’s because they didn’t think of it as “evangelism.” Instead, those who have so freely breathed their faith into my life would have said they were sharing the stuff of their daily lives.



Nothing special. Just life itself. What makes for life, what gets in the way. And then it becomes clear. What made for life for them was following Christ. What got in the way was following anything or anyone else. Bearing witness to others simply flowed out of those many decisions to follow Christ in their own lives.

Somewhere this month you’ll encounter someone who God has placed in your path that needs to hear the story of your faith. Will you please take the time to bear witness to the many ways you follow Christ in daily life, that one more might be invited to life in the Kingdom of God?

Just one more...

Your servant in Christ,

John LaMunyon, Lead Pastor

Approaching God

"Now Nadab and Abihu, the sons of Aaron, each took his censer and put fire in it and laid incense on it and offered unauthorized fire before the Lord, which he had not commanded them. And fire came out from before the Lord and consumed them, and they died before the Lord. Then Moses said to Aaron, "This is what the Lord has said, 'Among those who are near me I will be sanctified, and before all the people I will be glorified.'" And Aaron held his peace." Leviticus 10:1-3

The Holy of Holies was the inner sanctuary of the tabernacle and later the temple in Jerusalem. Only the high priest was allowed to enter, but Aaron’s sons decided they wanted to go into this sacred space. There were rules about approaching God. There were purification rituals that needed to be observed before offering sacrifices.

Nadab and Abihu (Why didn’t I think of those names for my twin boys?) were killed as a result of their unauthorized fire. Their father, Aaron, knew the rules and Leviticus tells us “he held his peace” after the punishment came down.

This is a hard story, but it illustrates the difference between how we approach God now and how the Hebrew people approached God before Jesus came on the scene. What separates us from God now? Do we need a high priest to do the talking for us?

Jesus was born and truly was Emmanuel (God with us). The crowds that followed Jesus did not need to observe any rituals before speaking to Jesus. Just look at how often Jesus is hanging out with people who were considered unclean or unworthy by the religious leaders.

In the Gospel of John, Jesus tells the disciples (and us) that He is our friend and we are to abide in Him. What a change! Do we take this access to God for granted? At any time you want, you can go to God in prayer.

My challenge to you this month is to be bolder in approaching God. Set aside more time for prayer. Set aside more time for service in God's name. Set aside more time for digging into God's Word.

Do not take this gift for granted!

Peace,

Pr. Will

Worship Life in February



ONE MORE: "Called to Follow" is the preaching theme for February, with "One More" being the undergirding theme for 2011.

This month we walk with the disciples as they are called, and begin to experience the call that reshapes both who they are and what they're called to do. Jesus tells them they are "salt" and "light," then, tells them to be what God has made them. Undergirding it all is the call to go outward, beyond their own social setting, clan, kin, and friends to call others to life anew in the Kingdom of God, "one more" at a time. How about you? Will you go beyond your social setting, clan, kin, and friends to call friends to new life in the Kingdom of God?



Sunday, February 6 Fifth Sunday after the Epiphany: *More Than Skin Deep*

(Readings: **Isaiah 58:1-9**; Psalm 112:1-9; Matthew 5:13-20) Long before I got married, I once bought a car that looked great. It did not take me long to find out that I should have done more than just look at the vehicle before deciding to drive it away. I ended up nicknaming that car the Six Million Dollar Chevy because I eventually replaced every part. Does your faith walk look good only from a distance? Do you have faulty wiring in need of repair? We all do.

Sunday, February 13 Sixth Sunday after the Epiphany: *Whose are you?*

(Readings: Deuteronomy 30:15-20; **1 Corinthians 3:1-9**; Matthew 5:21-37) It is argued by some that we live in a day of extreme self-centeredness. Apparently this isn't something new. To those of every time and place who see themselves as independent of all, dependent on none, come Paul's words: *For we are God's servants, working together; you are God's field, God's building.* So, tell me again, please, *whose* are you and how is that identity moving you to invite others to join you in God's field?

Sunday, February 20 Seventh Sunday after the Epiphany: *Whose Temple Is It Anyway?*

(Readings: Psalm 119:33-40; **1 Corinthians 3:10-11, 16-23**; Matthew 5:38-48) Paul asks the question, "Do you not know that you are God's temple, and that God's Spirit dwells in you?" I think this question should be the first word we hear each morning. Too often I forget. What does it look like to be a living temple? Come and see!

Sunday, February 27: Eighth Sunday after the Epiphany *Still Life*

(Readings: **Psalm 131**; 1 Corinthians 4:1-5; Matthew 6:24-34) "But I have calmed and quieted my soul..." How is it with your soul? Are you calm? The psalmist calls us to a life of calm and quiet, with both states of being dependent on waiting patiently for God. How's your life? Better still, what are others seeing of the Holy Spirit's reign in your heart as they look at your life?



Reflection Corner

“I call on you, O God, for you will answer me; give ear to me and hear my prayer.”
Psalm 17:6

About 20 people attended the Prayer Class on Sunday, January 16, and as we enjoyed a meal of Lasagna and salads, Pastor Will led an interactive discussion on prayer, showing us new ways to enrich our prayer lives. Those in attendance included folks from different age groups within the church, from Junior High School students to XYZ'ers! If you were unable to attend but would like a copy of Pastor Will's class outline, please contact Barb or Debbie at their email addresses below or call the church office.

Have you submitted prayer requests to the church either during services or by calling the church office? Have you seen answers to those prayers? We would love to include a section on answered prayer in the newsletter. Oftentimes, God answers our prayers in ways we don't expect and it's not until much later that we see the results of His handiwork. If you have a story to tell regarding answered prayer, please let Debbie or Barb know so that the whole congregation can be uplifted and encouraged by your testimony! Don't worry about syntax or spelling! We have "people" to fix that!

The Prayer Ministry is planning another prayer card burning early in 2011! Stay tuned for further details!

The Prayer Ministry team meets every Thursday at 11:45 a.m. in the Church library located in the lower level of the Sanctuary (next to the nursery) and is actively looking for ways to make prayer an even more integral part of SHLC's ministry in the community. Anyone interested in becoming part of this vital ministry may contact Debbie Poulin (brucepoulin3@comcast.net) or Barb Higgins at (bben617874@aol.com).

Songea Sister Church News

Conference Center Progress



Construction activity is ramping up on the Songea Parish Songea Conference Center thanks to the SHLC Global Missions Fund 2010 gift of \$8,000, matched by donations from Songea Parish members. Emmanuel Kibona, Secretary of Finance, Projects and Building Committee, inspects the concrete blocks being made and stockpiled now that the foundation has been poured. Excitement is growing in anticipation of this urgently needed facility which will expand training opportunities for the church, as well as provide meeting space for others in Songea.

Church Evangelism and Prayer Requests

In November 2010, Songea Parish pastors confirmed 40 youth at a Holy Communion service. They also baptized 5 adults. On December 26th they baptized 37 children in the church. About 752 people attended the Christmas service. Please keep our Sister Church in your prayers for the following:

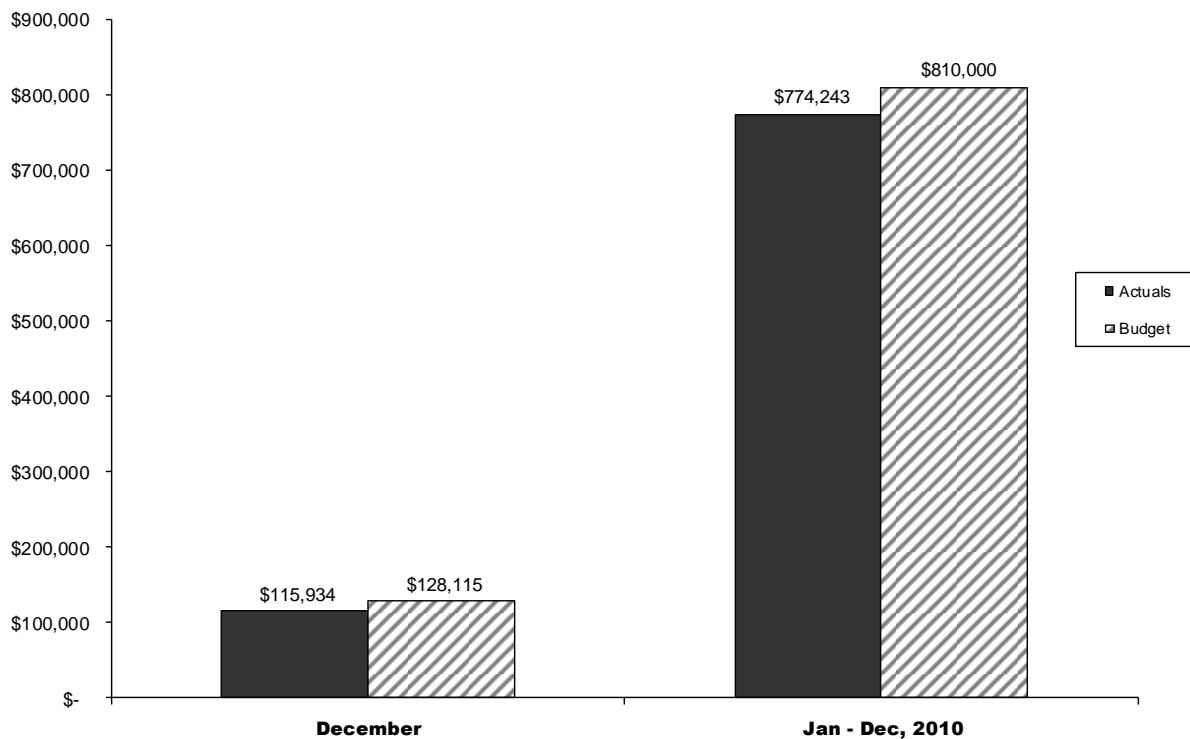
- Successful visitation to Christians and non-Christians for evangelism
- Success on sending six evangelists to finish their course at Kidugala Lutheran Seminary
- Ability to start **Bible camp** of three months in Mshangano Ward beginning March, 2011, to train ten personnel for evangelism
- Success for the two open Gospel meetings to be held on the Songea Parish Campus
- Success in completing the Conference Center



Rev. Nashon Kikalao, Head Pastor (center), Rev. Nehemia Nyang'uye, Parish Pastor (right), Rev. Daines Nyamoga, Christian Education Pastor (left)

Sammamish Hills Financial Chart

Offerings
Budget Vs Actuals



Children's Ministry

We believe that parents are the primary role models for their children's upbringing in the Christian faith. Our mission is to support parents in this endeavor by giving them the tools and encouragement they need to raise children in the Christian Faith.

Sunday School Schedule:			Save the Dates:	
February 6	Matthew 6:24-34	Do Not Worry	✝	May 14-15, 2011: Family Retreat at Camp Coleman
February 13	Matthew 6:9-13	The Great Teacher		
February 20	Matthew 4:12-23, 9:9-13, 10:1-4; Luke 5:1-11, 8:1-3	The Disciples	✝	July 11-15, 2011: Vacation Bible School!
February 27	Matthew 8:23-27	A Storm		

*We ask that all parents, with children in Sunday School, volunteer at least once per month. It is easy and fun! Please email Karen Harmon (Karen@shlc.org) with dates you are available to help.

"Keep these words that I am commanding you today in your heart. Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise."

— Deuteronomy 6:6-7

We know it isn't always easy to talk about our faith, but we have found a great way to get families talking. Give the Faith 5 a try for two weeks to see what happens with your family

The Faith 5: Every Night in Every Home

1. Share...your highs & lows of the day
2. Read...a story/scripture from the Bible
3. Talk...about the story
4. Pray....for each other and the world
5. Bless...each other with the sign of the cross on the forehead

Sammamish Hills Open Play! (Formerly Toddler Time)

COME PLAY WITH US! We have a new name and a new day! We are excited to have you join us **every TUESDAY from 9:30-11:30 a.m. in the Fellowship Hall.** This program is for children ages 0 – 5 years with a parent or caregiver. In addition to our fun toys and activities, we will be having special guests several times a month for story time, music and special events. Tell your friends and neighbors! This program is open to everyone! Thank you to our leadership team: Kate Pacyna, Shana Tischeafer, Christel Thomas & Rosemary Dunkle! **Join us on Tuesday, February 8 for a Valentine's Day Party!**



First Communion is moving to the Spring!

Traditionally we have offered First Communion classes in the fall. This year, we are offering classes this allow children to participate in this Sacrament around Easter. If you have a child ready for their First Communion, or a current second grader, mark you calendar for Sunday, April 10 for First Communion class. They will take their First Communion on either Thursday, April 21 at the Maundy Thursday service during Holy Week, or Sunday, May 1 the Sunday after Easter.



Youth and Family Ministries

Confirmation Ministry

Confirmation is a three-year partnership between parents, confirmation students, and the congregation to fulfill the vows made in Holy Baptism, while preparing students for the challenges and responsibilities of a mature faith in Jesus Christ. Confirmation is traditionally open to 6-8 graders, but older students wishing to participate are invited. Any questions, please contact Kaitlin (Kaitlin@shlc.org).

- **Wednesday, February 2:** Offsite Guide Group Night—Please talk with your child's guide for more information
- **Wednesday, February 9:** H2H— The Gospels Overview, Pg. 114
- **Wednesday, February 16:** H2H— The Birth of Jesus, Pg. 124
- **Wednesday, February 23:** *No Confirmation— Midwinter Break*
- **Wednesday, March 2:** Off-site Guide Group Night—Please talk with your child's guide for more information.

Questions about Confirmation? Please contact either Pr. John (prjohn@shlc.org) or Kaitlin Torgerson (Kaitlin@shlc.org). If you have specific questions about your child's guide group, please contact one of their guides.

High School Ministry

SUNDAY NIGHT YOUTH GROUP? Join other high school students in the Fellowship Hall from 7-8:30 p.m. EVERY Sunday night. Come to meet others, learn about Christ's love, eat some popcorn, have some laughs, and play games. So finish that homework early! Any questions? Please contact Kaitlin (Kaitlin@shlc.org).

HOLDEN YOUTH WEEKENDS: Still interested in heading up to Holden this May for Holden Youth Weekends? Space may still be available. Contact Kaitlin about joining other youth at this mountain retreat center in May!



Save the Dates!

IDAHO SERVANT ADVENTURES:

SUMMER 2011: ISA is a 5-6 servant-minded program with dynamic speakers, evening programming, devotions, Bible studies, leadership development, service opportunities, and outdoor adventures.

Interested in joining a group from Sammamish Hills this summer? Contact Kaitlin (Kaitlin@shlc.org).



August 4-7: SHOSHONE BASE CAMP: Sammamish Hills takes off for summer camp again this summer for all students entering 6-9th grade in the fall! Counselors-in-training (grades 11-12), counselors (college-age) and adults are needed!

SUNDAY




MONDAY

TUESDAY

WEDNESDAY

Sammamish Hills

22818 SE 8th St. | Sammamish, WA 98074 •

		<p>1 9:30a Sammamish Hills Open Play, Fellowship Hall 5:00p Full Staff Mtg. 6:30p Quarterly Leadership Gathering</p>	<p>2 6:30a Men's Discipleship, Redmond Panco 6:00p Youth Band, S 7:00p 10 am Band, S 7:00p Confirmation, C</p>
<p>6 9:00a Traditional Worship, Sanctuary 9:00a & 10:30a Sunday School, Fellowship Hall 10:15a Adult Bible Study, Preschool Conf. Room 10:30a Contemporary Worship, Sanctuary 4:00p Chinese Language (Mandarin) Worship, Sanctuary 7:00p High School Youth Group, F. Hall 7:00p Adult Bible Study, Poulin home</p>	<p>7 6:30p Legacy Teaching Series, Off site</p>	<p>8 9:30a Sammamish Hills Open Play, Fellowship Hall 6:30p Council Meeting, Preschool Conf. Room</p>	<p>9 6:30a Men's Discipleship, Redmond Panco 6:00p Youth Band, S 7:00p 10 am Band, S 7:00p Confirmation, F</p>
<p>13 9:00a Traditional Worship, Sanctuary 9:00a & 10:30a Sunday School, Fellowship Hall 10:15a Adult Bible Study, Preschool Conf. Room 10:30a Contemporary Worship, Sanctuary 4:00p Chinese Language (Mandarin) Worship, Sanctuary 5:00p New Member Class, F. Hall 7:00p High School Youth Group, F. Hall 7:00p Adult Bible Study, Poulin home</p>	<p>14</p> 	<p>15 9:30a Sammamish Hills Open Play, Fellowship Hall 6:30p Women's Fellowship Group, Off site</p>	<p>16 6:30a Men's Discipleship, Redmond Panco 6:00p Youth Band, S 7:00p 10 am Band, S 7:00p Confirmation,</p>
<p>20 9:00a Traditional Worship, Sanctuary 9:00a & 10:30a Sunday School, F. Hall 10:15a Adult Bible Study, Preschool Conf. Room 10:30a Contemporary Worship, Sanctuary 4:00p Chinese Language (Mandarin) Worship, Sanctuary 7:00p High School Youth Group, F. Hall 7:00p Adult Bible Study, Poulin home</p>	<p>21 OFFICE CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</p> 	<p>22 9:30a Sammamish Hills Open Play, Fellowship Hall</p>	<p>23 6:30a Men's Discipleship, Redmond Panco 6:00p Youth Band, S 7:00p 10 am Band, S</p>
<p>27 9:00a Traditional Worship, Sanctuary 9:00a & 10:30a Sunday School, F. Hall 10:15a Adult Bible Study, Preschool Conf. Room 10:30a Contemporary Worship, Sanctuary 4:00p Chinese Language (Mandarin) Worship, Sanctuary 5:00p New Member Class, F. Hall 7:00p High School Youth Group, F. Hall 7:00p Adult Bible Study, Poulin home</p>	<p>28 6:30p Legacy Teaching Series, Off site</p>		

DAY**THURSDAY****FRIDAY****SATURDAY****Shanghai Lutheran Church**

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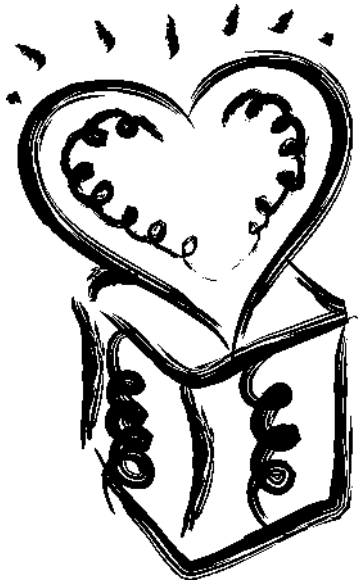
Discipleship Group, Cafe House Sanctuary Sanctuary Off site	3 10:00a Women's Bible Study, Library 10:00a Women's Chinese Bible Study, Fellowship Hall 6:30p Band Rehearsal, Sanctuary 7:00p Choir Rehearsal, Fellowship Hall	4	5 8:00a Men's Discipleship Group, Library 5:30p Chinese Ministry Gathering, Fellowship Hall
Discipleship Group, Cafe House Sanctuary Sanctuary Fellowship Hall	10 8:30a Life Transitions Support Group, Eastlake Starbucks 10:00a Women's Bible Study, Library 10:00a Women's Chinese Bible Study, Fellowship Hall 6:30p Band Rehearsal, Sanctuary 7:00p Choir Rehearsal, Fellowship Hall	11	12 8:00a Men's Discipleship Group, Library 9:00a Baptism Workshop (pre-register) 5:30p Chinese Ministry Gathering, Fellowship Hall
Discipleship Group, Cafe House Sanctuary Sanctuary Fellowship Hall	17 10:00a Women's Bible Study, Library 10:00a Women's Chinese Bible Study, Fellowship Hall 6:30p Band Rehearsal, Sanctuary 7:00p Choir Rehearsal, Fellowship Hall	18	19 8:00a Men's Discipleship Group, Library 5:30p Chinese Ministry Gathering, Fellowship Hall
Discipleship Group, Cafe House Sanctuary Sanctuary	24 8:30a Life Transitions Support Group Eastlake Starbucks, 10:00a Women's Bible Study, Library 10:00a Women's Chinese Bible Study, Fellowship Hall 6:30p Band Rehearsal, Sanctuary 7:00p Choir Rehearsal, Fellowship Hall	25 12:00p XYZ Luncheon , Fellowship Hall	26 8:00a Men's Discipleship Group, Library 5:30p Chinese Ministry Gathering, Fellowship Hall

February 2011

February News for Sammamish Hills Lutheran Preschool



February is a great month in our world of preschool as we are a theme-based program and one of our themes for this month is... you guessed it, "LOVE!" We think about love, we teach about love, we talk about love, we practice love, we do crafts focusing on love and we even eat "love snacks" (heart shaped cookies, etc.)! It's a fun time to share with little ones as they are so eager to love and always show love with exuberance. It is a blessing to be with children in a time when we celebrate love!



One way we celebrate love at SHLP is through our Valentine's Day Cards project for Providence Marianwood residents. This project involves the kids creating beautiful handmade valentines, with special love messages, that are delivered to elderly friends who truly need to be reminded that they are loved by Jesus. It is a project that teaches our little preschoolers that they can make a difference in the world – even to people they don't know as they share the "good news" of Jesus with someone who may not feel so "lovely." These special valentines are created with love and then sent with special blessings that they will touch the receiver's heart with the love Jesus tells us to share

February is a great month for us as adults, too! Much like preschoolers we need to be reminded of what is important and according to the holy word of God, it's all about love!!! May you be blessed by the endless and abundant love of God and may you find joy in sharing that love with those Jesus puts along your path!

If you would like more information about Sammamish Hills Lutheran Preschool and are interested in registration for the 2011-2012 school year, please call me, Kristine Meyer, and I can share with you all the great things about our school!

Kristine Meyer, SHLP Director
425-698-5777
kristine@shlc.org



Publications Information.

The newsletter is published on a monthly basis. Submissions are due on the 10th of each month prior to publication.

The *What's Happening* is published weekly as part of the worship bulletin. Announcements are due on Tuesdays at noon.

Submissions for publications (and the website) are subject to editing and space considerations. For more information, please contact Kim Rodriguez (kim@shlc.org or 425.392.7799) in the church office.

Who Do I Contact?

Pastoral Care:

- **Lead Pastor:** John LaMunyon, prjohn@shlc.org - ext. 13
- **Pastor of Worship and Outreach:** Will Sappington, prwill@shlc.org – ext. 25
- **Mission Developer:** Jimmy Hao, jianhuahao@yahoo.com

Faith Formation through the Ages:

- **Nursery:** Karen Harmon, karen@shlc.org - ext. 15
- **Preschool:** Kristine Meyer, kristine@shlc.org - 425.698.5777
- **Director of Children's Ministries:** Karen Harmon, karen@shlc.org - ext. 15
- **Confirmation:** Kaitlin Torgerson, kaitlin@shlc.org - ext. 16
- **Director of Student Ministries:** Kaitlin Torgerson, kaitlin@shlc.org - ext. 16
- **Adult Ministries:** John LaMunyon, prjohn@shlc.org - ext. 13

Music & Worship Ministries:

- **Pastor of Worship and Outreach:** Pastor Will Sappington prwill@shlc.org - ext. 25
- **Don Clausen:** clausend@comcast.net
- **Organist :** Carol Churchill, home phone: 425.881.6657
- **Organist:** Susan Wolbrecht, home phone: 425.883.9259
- **Choir Accompanist:** Jan Hazelton, home phone: 425.868.1851

Support Team:

- **Business Administrator:** Tom Ryan, tryan@shlc.org
- **Parish Records Specialist:** Alison Carpenter, acarponent@shlc.org - ext. 23
- **Administrative Assistant:** Kim Rodriguez, kim@shlc.org – ext. 11
- **Sexton:** Brian Mar, sexton@shlc.org

Church Council:

President: Scott Merritt, merrittsco@yahoo.com | home phone: 425.392.4981

Vice President: Sharon Sausville, sausys@comcast.net | home phone: 425.837.0439

Secretary: Cam Barsness, rooney1023@hotmail.com | home phone: 206.404.6654

Treasurer: David Edson, bedson8175@msn.com | home phone: 425.831.1366

Members-at-Large:

Dean Barnett, deanbarnett@comcast.net | home phone: 425.868.0233

Elliott Hoole, elliott.hoole@comcast.net | home phone: 425.996.8634

David Miles, david.victoria@comcast.net | home phone: 425.427.0548

Andy Tischaefter, atisch@live.com | home phone: 425.868.5590

Where to Get Information:



Website: www.shlc.org



Follow us on Facebook: www.facebook.com/sammhills

Request prayer: Send email to worship@shlc.org

Join the prayer chain: worship@shlc.org

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Fax: 425.392.7897

*After Hours Emergency:
425.392.7799 x28*

www.shlc.org



LEGACY Pr. John and Cheri are hosting and leading a twice-monthly teaching series on “Legacy,” for folks who are 50+ or empty nesters, no-nesters, or even, “They were gone and now they’re back” nesters.

Together they’re working through several biblical themes, including:

- The twin themes running throughout the Bible of “Covenant” and “Kingdom”;
- What is involved in the transitions of life through the lens of Exodus?
- The resources we all bring to the table through the lens of the Five Capitals: Spiritual, Relational, Physical, Intellectual, and Financial, and,
- A bit more, all focused through the lens of the question, “What is the legacy we are building into the generations which are following us?”

This is a great way to enter into a deeper relationship with others in the church while having a great time exploring the legacy question.

The group meets in the LaMunyon chalet and retreat center, 21221 NE 13th Court, 98074, from 6:30-8:30 p.m., beginning with a shared meal (aka, “potluck dinner”), segueing into teaching time, followed by small group discussion and ending with prayer. Remaining dates in the series are: January 10 & 24; February 7 & 28; March 14 & 28; April 11 & 25

If you are interested, please contact either Pr. John (priohn@shlc.org) or Cheri LaMunyon (cheri07@frontier.com). To register, please contact volunteer pastoral assistant Jody Ryan at prasst@shlc.org, or, call her at 425.392.7799. Hopefully you’ll find time to fit this into your schedules, as participants are having a great time exploring a theme that is near and dear to our hearts.