

RESOURCES

Sammamish Hills Lutheran Church invites you to contact any of these partners in ministry if you or anybody you know could benefit from our care ministries.

GRIEF CARD MINISTRY

Gwen Gilbertson
425-391-3541
gwen.gilbertson@gmail.com

MEALS MINISTRY

Karen Allyn
425-313-1644
karenallyn@comcast.net

PRAYER TEAM

Barb Higgins
425-868-4954
bben617874@aol.com

PASTORAL CARE

Pastor Eric Hanson
425-392-7799 x 25
preric@shlc.org

Pastor John LaMunyon
425-392-7799 x 13
prjohn@shlc.org



Sammamish Hills
LUTHERAN CHURCH

22818 SE 8th Street - Sammamish, WA 98074
425-392-7799 ▲ www.shlc.org

CARE MINISTRY

Matthew 25:40 calls us to be the loving hands of God for those who are hurting in this world. Jesus said, "Whatever you did for one of the least of these brothers of mine, you did for me."

WE CARE BECAUSE HE FIRST CARED FOR US

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Christian care ministry is our answer to that call. It is us acting as God's representatives of Jesus for those who are experiencing grief, crisis, loss, or any other form of hardship that just makes living life a little bit harder.



Our **Meals Ministry** coordinates a team that provides meals for those experiencing crisis, hardship, grief, or any life-transition that simply makes living life more difficult. Sometimes not needing to cook one meal can open up space in a person's life to move with God to a place of healing.

The **Grief Card Ministry** writes grief cards and sends devotional material out to people who have lost loved ones in the first year following their loved one's death. The grief cards and devotional materials are usually sent out on holidays, birthdays, and the anniversary of a loved one's death. They are intended to provide people with resources that allow them to walk with God through the different stages of grief.

Care Cards Ministry creates handmade cards to shut-ins twice a year in order to keep them connected to Sammamish Hills Lutheran Church and to remind them that they continue to be loved and valued members of our Body of Christ.

Pastoral Care is provided by Pastor Eric Hanson and Pastor John LaMunyon. They may deliver pastoral visitation, care, communion, and counseling for those unable to leave their home, for those who are hospitalized, and for those experiencing times of family or personal crisis.

SUPPORTED BY THE BODY OF CHRIST

How many times does somebody ask, "How are you?" in a day? How many times do we respond, "Good!" whether it's true or not?

The truth is that at different points in our life we are not all "good." Our loved ones grow older and our relationships with them change. Our loved ones pass away and we grieve. Families go through troubles at home and at school, and things like marital strife, substance abuse, and sickness can cause stress that threatens to break us and our relationships.

Being engaged in the Body of Christ (the church) doesn't mean that we'll never experience hardship. It means that WHEN we experience hardship we have support from God through the members of God's family, our church.

Sammamish Hills Lutheran Church has people here who have the gifts to offer care. If you or somebody that you know could benefit from any of our care ministries, please DO NOT hesitate to use the contact information provided.

Anybody who feels called to use their gifts in our christian care ministry, may feel free to contact Pastor Eric Hanson at any time using the contact information provided. Thank you for being a disciple with us!

JOHN 13:34-35

(JESUS SAID TO HIS DISCIPLES THE NIGHT BEFORE HE DIED.) "A NEW COMMAND I GIVE YOU: LOVE ONE ANOTHER. AS I HAVE LOVED YOU, SO YOU MUST LOVE ONE ANOTHER. BY THIS ALL PEOPLE WILL KNOW THAT YOU ARE MY DISCIPLES, IF YOU LOVE ONE ANOTHER."

